



*...and so do they!*

Sixty percent of nursing home residents have no visitors--no family or friends to check on them or cheer them up. Research shows that long-term care residents receive better care when they have regular outside visitors.

With just a few minutes each week, **YOU** could **change a resident's life**, and help improve the quality of care they receive.

Learn more at our **Friendly Visitor Orientation**

**Valentine's Day**, Tuesday, February 14, 2:00-4:30 pm  
Pennyrile Area Development District  
300 Hammond Drive  
Hopkinsville, KY 42240

**Please RSVP** to Cindy Tabor  
at [Cindy.Tabor@ky.gov](mailto:Cindy.Tabor@ky.gov)  
or 270-886-9484

*Become a Friendly Visitor today!*

