



Area Agency on Aging and Independent Living

2019 Senior Advocacy Day

The Pennyrile Area Agency on Aging and Independent Living attended the 2019 Senior Advocacy Day in Frankfort on February 5, 2019. The event was hosted by AARP Kentucky, Kentucky Association of Gerontology and the Area Agencies on Aging of Kentucky.

The agenda included a legislative panel discussion and special guest speaker Lt. Governor Hampton. The Pennyrile staff and advisory council members also met with Senator Whitney Westerfield, Senator Stan Humphries, Representative Melinda Prunty and Representative Myron Dossett.



National Social Work Month 2019

Elevate Social Work

ELEVATE ^{SOCIAL WORK} National Professional Social Work Month in March 2019 is an opportunity for social workers around the nation and world and their supporters to educate the public about the invaluable contributions of the profession.

Every day, the nation's 680,000 social workers work to empower and elevate millions of people, including some of the most vulnerable in our society.

Social Workers at Pennyrile Area Development District/Area Agency on Aging and Independent Living are dedicated to enhancing wellbeing and helping clients to maintain a high quality of life in their own homes and communities.

To learn more about how Social Workers can help you or your loved one, contact Jill Collins at jill.collins@ky.gov or call 1-866-844-4396.

Inside this issue:	
Ombudsman Corner	2
PADD Staff	2
Veterans Directed Care Program / PDS	3
Family Caregiver Support Program / MIPPA	3
Calendar of Events	4



Ombudsman Corner - What Is An Ombudsman?

Ombudsman is a Swedish word meaning "Citizen's Representative". The Long-Term Care Ombudsman is the representative for citizens in long-term care facilities in the Pennyriple Area. These facilities include: Nursing Facilities, Skilled Care Facilities, Personal Care Homes and Family Care Homes. The Ombudsman is responsible for making, at a minimum, quarterly visits to all 31 facilities in the Pennyriple Area. Responsibilities of the Ombudsman's office include:

- Investigation of complaints made by, or on behalf, of residents in long-term care facilities and attempting to resolve these complaints
- Providing community education on issues and concerns of long-term care residents.
- Providing in-service training to facilities on issues concerning residents care and their rights.
- Offering consultation to residents and their families on subjects related to long-term care.



The Pennyriple Area Ombudsman Program began in 1987.

The Ombudsman program needs certified volunteers and friendly visitors. You can make a difference in the life of a long term care resident. By spending as little as one hour a week visiting residents in nursing homes or personal care homes you will experience tremendous gratitude. If you are interested in volunteering for the ombudsman program, please contact Cindy Tabor, Pennyriple District Ombudsman, at the Pennyriple Area Development District Hopkinsville, KY or 270-886-9484 or email cindy.tabor@ky.gov.

PADD Staff Service Recognition



Jill Collins, Director, Pennyriple AAAIL, began working at PADD on February 16, 2004 and is celebrating 15 years of service this month. Jill's background in gerontology and prior to joining the staff at PADD, her career was primarily spent as a medical social worker with a focus on Home Health Care services and Home and Community Based Waiver programs.

Jill, a graduate of Morehead State University, is a Licensed Social Worker with the Kentucky Board of Social Work and has been a practicing Social Worker for 25 years.

Jill has served on numerous committees and boards including; Immediate past President of the Kentucky Association of Gerontology, past Chair of the Kentucky Association of Area Agencies on Aging, National Association of Area Agencies on Aging, Southeastern Association of Area Agencies on Aging, as well as serving on a number of local boards and coalitions.

As a resident of Todd County, Jill is an active member of Elkton Baptist Church and she enjoys time with her family, gardening, cooking, traveling, and running. She is currently training for her 3rd half marathon.

Ali Jones, Aging and Disability Resource Coordinator, began working at PADD on February 11, 2014 and is celebrating 5 years of service this month. Prior to joining the staff at PADD, Ali was employed as a sales associate at Bath & Body Works and as head cheerleading coach for Hopkinsville Middle School, her passion for many years. She enjoys working with the public and serving her community.



Ali graduated Summa Cum Laude from Murray State University in 2013. She is a resident of Hopkinsville. Ali joined the local Junior Auxiliary (JA) in 2015, served on the JA Board as recording secretary for two years, and will become an associate member this spring.

Ali enjoys spending her time with fellow JA members coordinating and executing JA fundraising events such as the Annual Taster's Luncheon, Charity Ball, Parade of Pennies and Relay for Life. Her favorite time is spent playing Bingo with residents of Chapel House in Hopkinsville and seeing the joy they experience and the smiles on their faces!

Kentucky Veterans Directed Care Program

Veterans Directed Home Community Based Services offers eligible veterans a flexible budget to purchase services that help them to live independently at home in the community rather than in an institution. VA Medical Centers (VAMC) purchase and utilize the VDHCBS. VDHCBS includes a functional assessment, home-based services, options counseling, support services, and financial management services. VDHCBS does not duplicate any services already provided by the VAMC.

Currently, veterans in Pennyriple, Purchase and Green River are being served. The veterans program has also added an additional Area Development District in the state of Kentucky and five Tennessee Area Development Districts under the Pennyriple's hub & spoke model. Currently, veterans are being served through East Tennessee Human Resource Agency, Greater Nashville Regional Council, Lake Cumberland Area Development District, South Central Tennessee Development District, Northwest Tennessee Development District and Southeast Tennessee Development District. Pennyriple is now able to serve veterans that are not only enrolled at the Marion, IL VAMC but also the Nashville, TN VAMC.

For additional information about the program, please contact Payton Kidd or Jill Collins at 1-866-844-4396.



Participant Directed Services –PDS

Participant Directed Services/Home and Community Based Waiver version 2 is an alternative to the traditional service delivery model under the Medicaid Waivers. The PDS program is designed to allow clients to have more choice, flexibility and options regarding their in-home waiver services. Services available through the PDS/HCB2 Program includes attendant care, home modifications, and Goods & Services. The PDS service option is available to Medicaid waiver members of any age including children. Pennyriple AAAIL also offers case management services for the Traditional/Home and Community Based Waiver version 2 clients. For additional information, please contact Payton Kidd or Harley Nittler at 1-866-844-4396.

Family Caregiver Support Program

The National Family Caregiver program serves caregivers in various situations through reimbursement for respite services and indirect supplemental assistance. In addition, the program facilitates support groups for caregivers in the region. These sessions provide valuable information and an opportunity to share and be heard.

If you would like more information, please contact Belinda Babb, Family Caregiver Coordinator at 1-866-844-4396 or 270-886-9484.

Alzheimer's Support Group

10 am - 2nd Tuesday of each month
PADD Office

Grandparents Support Group

10 am - 3rd Wednesday of each month
PADD Office

Trigg Co. Caregiver Support Group

12 pm - 4th Tuesday of each month
John L. Street Library, Cadiz, KY

MIPPA

Medicare beneficiaries! Are you currently receiving Medicare and paying for your Part B monthly premium? If so, there is a program that may be able to assist you with that premium cost. If your income is under \$1,357/single or \$1,827/married and your resources/assets are under \$7,390/single or \$11,090/married, then you may qualify to receive assistance through the state with a program called the Medicare Savings Program. This program may help pay for your Part B premiums and *potentially* assist in also paying for Part A premiums, deductibles, coinsurance, and copayments depending on your income level.

Call Ali Jones at 1-866-844-4396 or 270-886-9484 to apply.

Pennyrile Area Development District



300 Hammond Drive
Hopkinsville, KY 42240

*A publication of the Pennyrile Area Development District
serving Caldwell, Christian, Crittenden, Hopkins,
Livingston, Lyon, Muhlenberg, Todd and Trigg Counties.*

Calendar of Events

March 2019

- 6 - Hopkins/Muhlenberg EAC Meeting - 9 am - Hopkins Co. Senior Center, Madisonville, KY
- 10 - Daylight Saving Time Begins
- 12 - Alzheimer’s Support Group - 10 am - PADD Office
- 13 - Tri-Co. EAC Meeting - 12 noon - PADD Office
- 20 - Pennyrile AAAIL Advisory Council Meeting - 10 am - PADD Office
- 20 - Pennyrile LTCO Advisory Council Meeting - 11:30 am - PADD Office
- 26 - Trigg Co. Caregiver Support Group - 12 noon - John L. Street Library, Cadiz, KY

April 2019

- 9 - Alzheimer’s Support Group - 10 am - PADD Office
- 10 - Tri-County Elder Abuse Council Meeting - 12 noon - PADD
- 10 - Pennyrile Elder Abuse Board of Director’s Meeting - 1pm - PADD
- 17 - Pennyrile Grandparent Support Group - 10 am - PADD Office
- 23 - Trigg Co. Caregiver Support Group - 12 noon - John L. Street Library, Cadiz, KY.

AREA AGENCY ON AGING STAFF

- Jill CollinsDirector, Pennyrile Area Agency on Aging & Independent Living*
- Amanda Stokes.....In-Home Services Manager*
- Belinda Babb.....Family Caregiver Coordinator*
- Cindy Tabor LTC Ombudsman*
- Payton Kidd.....Participant Directed Services Coordinator*
- Ray Ann Blake.....Social Services Case Manager*
- Harley Nittler.....Social Services Case Manager*
- Miranda White.....Social Services Case Manager*
- Ali Jones..... Aging & Disability Resource Center Coordinator*
- Angela Gore.....Administrative Assistant*
- Heather Meeks.....Case Manager*
- Charlene Johnson ...Case Manager*
- Paula Jones.....Case Manager*
- Cynthia PeachCase Manager*
- Doris Phillips.....Case Manager*

**Pennyrile Aging & Disability
Resource Center
1-866-844-4396**

