

Athlete Christian Character Focus

Name: _____

Sport: _____

Date Issued: _____

Coach: _____

Christian Character Focus Statement:

The goal of our instruction is love from a pure heart and a good conscience and a sincere faith. 1 Timothy 1:5

The Gallatin Valley Christian Homeschool Sports Association (GVCHSA) is very thankful for the opportunity to work with you in the growth and development of your student-athlete. It's our goal to help your child(ren) have a high-quality sports experience and the opportunity for them to grow spiritually in the process.

Just as our program has physical requirements as mandated by our coaches, we also have spiritual requirements. The Christian Character Focus Statement is designed to fulfill this requirement. It's purpose is to help facilitate the spiritual development of your student-athlete.

This spiritual growth tool is arranged in the form of an outline for your student-athlete to work through. We hope that your family will choose to revisit, evaluate, and develop thoughts and character over time. It is broken up into three parts intended to correspond with the beginning, middle and end of the season.

Student's Instructions:

Be more concerned with your character than your reputation, because your character is what you really are, while you're reputation is merely what others think you are. - John Wooden

I have a dream that my four little children will one day live in a nation where they will not be judged by the color of their skin, but by the content of their character. - Martin Luther King, Jr.

We exult in our tribulations, knowing that tribulation brings about perseverance; and perseverance, proven character; and proven character, hope; and hope does not disappoint, because the love of God has been poured out within our hearts through the Holy Spirit who was given to us. – The Apostle Paul

Take some time to consider the questions listed below. Be careful not to overcomplicate your goals and steps as you only have about half of your season to accomplish each part.

The last part is a self-evaluation segment designed to allow you the opportunity to reflect upon your progress, to share your victories, and to consider how to excel still more.

Be sure to make a copy of each part and turn it in to your coach by the corresponding due date.

Please contact Jason Shanahan (406-579-5349) or Candy Delao (406-925-3211) if you have any questions or input.

Part 1 Due Date: _____

Part 2 Due Date: _____

Part 3 Due Date: _____

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Part 1 –

- 1) Set for yourself a character/ spiritual goal that you would like to accomplish by midseason.

- 2) Write out a Bible verse or two that will encourage you along the way and that encapsulates the essence of your goal.

- 3) List at least 2 steps that you will need to take in order to accomplish your goal. Consider a character development habit that you could practice regularly.

1) _____

2) _____

3) _____

4) _____

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Part 2 –

- 1) Set for yourself a character/ spiritual goal that you would like to accomplish by the end of the season. Try to think of a character goal that would naturally build off of your previous goal and help you finish this season strong with a Christian character/ sportsmanship focus.

- 2) Write out a Bible verse or two that will encourage you along the way and that encapsulates the essence of your goal.

- 3) List at least 2 steps that you will need to take in order to accomplish your goal. Again, consider a character development habit that you could practice regularly.

1) _____

2) _____

3) _____

4) _____

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Part 3 –

Consider the following questions and evaluate your spiritual progress over the course of this season.

- 1) Did you achieve the spiritual goals that you set? What made the biggest difference in helping you achieve your goals?

- 2) Can you think of an area that you would like to improve in next season?

- 3) What impact do you think that your spiritual focus had on you and/ or your performance this season?

- 4) What impact do you think that your spiritual focus had on your teammates and/ or their performance?

- 5) How do you think you might, hereafter, build on the spiritual momentum that you've created this season?
