

## Biography

Jim Bagnola, PhD, CSP, is an executive coach, an international speaker, and a corporate educator. He is an expert in the field of leadership and body-mind management, focusing on the influence of thinking patterns on health, happiness, success, and the capacity to lead.



He has been speaking and educating worldwide, for over 25 years, on the topics of Leadership and Health in relation to "The Secrets of the Mind-Body Connection." His focus is building Professional Human Beings. His popular book entitled "Becoming a Professional Human Being: How to Enjoy Stress Free Work and Personal Happiness using the Mind/Body/Work Connection" was published in the U.S. and Romania in 2012 and Japan in 2014. It is a non-fiction genre best seller.

His educational background is in Political Science at the University of Akron, B.A. Counseling Psychology at the University of Santa Monica M.A. and Vedic Science at Meru in Switzerland and Maharishi University of Management, M.A. University of Agronomic Sciences and Veterinary Medicine, Bucharest, Doctor Honoris Causa (PhD) A certified stress-management instructor since 1975, he is also an executive coach to Fortune 500 company leaders. He is currently serving as a Global Mentor for the World Bank coaching entrepreneurs worldwide.

Jim has held corporate Vice President positions, served as Assistant Director of Financial Aids at the University of Akron and Director of Conferences at Western Illinois University, and has also had the opportunity of managing world-famous magician Doug Henning in Hollywood as Vice President of Doug Henning Magic.

In 2002 Jim earned his CSP (Certified Speaking Professional). This designation, by the National Speakers Association and Global Speakers Federation has only been awarded so far, to about six hundred professional speakers worldwide. This qualifies him as one of North America's top-rated speakers. Jim was among the "World's Top 30 Leadership Professionals" from 2006-2010.

He is the President of The Leadership Group International, chairman of the Board of Leaders Romania and is a frequent lecturer for AIESEC, an international student organization based in the Netherlands. He is a member of the Board of Trustees of Olive Branch Foundation in Ohio. Jim is visiting professor at the University of Bucharest (Romania), Maharishi University of Management, Pontificia Universidad Javerana (Colombia), Kent State University and the Western Management Development Center.

## Who should attend

Leaders, executives, managers, mid-level managers, line managers, staff and anyone concerned with professional development and its impact on health and productivity.

## Why attend

Whether we lead a small team or an entire organization, we are the first beneficiaries of everything we think, do, and say. It's not what happens to us; it's what happens in us. Every choice, every thought, words and action has consequences—physiologically either health creating or "dis-ease" producing. Learn to use the Mind-Body-Connection to access the power within.

## REGISTRATION

**Nov 7 only:** \$235

**Nov 8 only:** \$235

**Both Days:** \$394

Continental breakfast and lunch included.  
Map and directions located on website.

For questions or group registration assistance please call (808) 235-7433.

## REGISTER NOW

[windwardcce.org/leadership-seminar](http://windwardcce.org/leadership-seminar)



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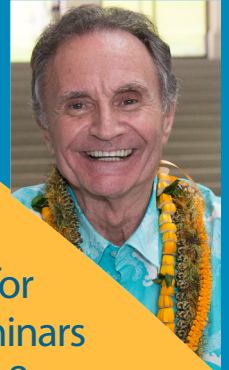
## Career and Community Education

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**WCC LEADERSHIP**  
SEMINAR 2017  
*presents*

**JIM BAGNOLA**

Executive coach  
to Fortune 500  
company leaders



Join us for  
2 great seminars  
Nov 7 & 8

ORGANIZATIONAL  
**TEAM**  
FITNESS

**CHANGE  
MANAGEMENT**

Becoming A Quick -  
Change Artist

ACQUIRE CORE COMPETENCIES.

EXPLORE NEW TECHNIQUES AND SKILLS.

LEARNING IS HANDS-ON,  
MEMORABLE AND FUN.



*"I attended your session at Windward Community College last fall and your message has stuck with me. I appreciate your holistic approach to people and the conditioned concept of themselves. The practical solutions offered and more rational thought processes can help anyone who is interested in listening."*

- C.K., State of Hawaii Agency

Jim Bagnola has been educating local government agencies and private businesses for over fifteen years.



*"Jim's presentation was truly inspiring and motivating. The activities were fun, interactive and it tied in well with the points he made in being a leader. I was fortunate to collaborate with people from state government and private industry and look forward to the next leadership series."*

- Ellen Ishida-Babineau, Dean of Academic Affairs at Windward Community College

ORGANIZATIONAL  
**TEAM**  
FITNESS

Tuesday | Nov 7  
9 AM-4 PM  
WINDWARD COMMUNITY COLLEGE  
HALE 'ĀKOAKOA

**ORGANIZATIONAL  
TEAM FITNESS**

Use teaming and leadership principles to take your team to its next level of achievement. We will focus team members on three vital interpersonal skills to improve organizational and personal listening, conflict resolution and assertiveness.

- Formula for effective listening
- The PERFORM model
- Four phases of team development
- New forms of IQ I can offer the team
- Three most important people skills to lead a team

**CHANGE  
MANAGEMENT**

**Becoming A Quick  
Change Artist**

Wednesday | Nov 8  
9 AM-4 PM  
WINDWARD COMMUNITY COLLEGE  
HALE 'ĀKOAKOA

**CHANGE MANAGEMENT:  
BECOMING A  
QUICK - CHANGE ARTIST**

Develop core competencies to negotiate personal change so that negotiating organizational change becomes feasible. Understand the biology of change and its influence on productivity, stress and health.

- Is there a specific biology of change
- Three core competencies we need to develop
- Why does transition "do us in" and not change itself
- What is the most important 1/10th of a second