



Uala Leaf Cafe

AT WINDWARD COMMUNITY COLLEGE

Lunch Menu: Oct 8-12

Hale Ākoakoa Cafeteria • Mon–Fri • 11am–1:30 pm
(808) 235-7358 • OPEN TO THE PUBLIC



MENU: windwardcce.org/uala-leaf-cafe

The menu is subject to change based on availability and at the chef's discretion.

WEEKLY SPECIALS

Entree \$6.50 | Mixed Plate \$9 | Soup \$3.50

MONDAY 10/8

Served w/ Hapa rice and choice of Japanese potato salad or uala mac salad or tossed greens w/ housemade dressing.

Chicken Karaage (*ginger, soy, sake, cornstarch*) GF

Tofu Steak (*sesame oil, shoyu, bell pepper, carrot, vinegar, sugar*) ♥ V

Miso/Vegetable Soup (*asst. vegetables, konbu, onion, daikon*) ♥ V GF V

TUESDAY 10/9 TACO TUESDAY

Served w/ Spanish rice, tossed greens, cilantro and salsa.

Beef Burrito (*ground beef, onion, Spanish rice, black beans, house seasoning, flour tortilla*) ♥

Vegetarian Chili (*onion, bell pepper, tomato, chickpea, kidney bean, garlic, house seasoning*) ♥ V GF V

Watercress Soup (*onion*) ♥ V GF V

WEDNESDAY 10/10

Served w/ Hapa rice and choice of Japanese potato salad or uala mac salad or tossed greens w/ housemade dressing.

Fish w/Lup Cheong (*white fish, oyster sauce, mayonaise, sesame oil, green onion*)

Kalo Bake (*taro, onion, coconut milk, taro leaves*) ♥ V GF V

Beef Barley Soup (*onion, vegetables*) ♥ V GF V

THURSDAY 10/11

Served w/ Hapa rice and choice of Japanese potato salad or uala mac salad or tossed greens w/ housemade dressing.

Hamburger Mac & Cheese (*onion, garlic*) ♥ V GF

Roasted Vegetables (*asst. seasonal vegetables*) ♥ V GF V

Coconut Mushroom Soup (*potato, onion, coconut milk*) ♥ V GF V

FRIDAY 10/12



COMBOS

Double Double, French Fries, Drink (20 oz.+1 refill)	15
Cheese Burger, French Fries, Drink (20 oz.+1 refill)	10
Koolau Burger, French Fries, Drink (20 oz.+1 refill)	10
Grilled Cheese, French Fries, Drink (20 oz.+1 refill)	7
Substitute for Tofu Fries or Cauliflower Fries	add .50
Grilled Cheese & Soup or Salad	6.50
Soup & Salad ♥ V GF V	6.50
Half Wrap & Soup or Salad ♥ V GF V	6.50

HOT ITEMS & SANDWICHES

Double Double Burger 2-beef patties, 2-slices Am. cheese, house secret sauce, lettuce, tomato, onions, dill pickle	11.50
Cheese Burger Koolau Burger w/ cheese	7
Koolau Burger Beef patty, w/house secret sauce, lettuce, tomato, grilled onions and dill pickle	6.50
Grilled Cheese Am. cheese, wheat bread, grilled w/butter	3.50
Add On: cheese, mushrooms, bacon, tomato, onion, jalapeno	.50
Spam Musubi or Specialty Musubi GF	2.50
Margherita Pizza A slice of tomatoes, basil and cheese V	3
Specialty Pizza A slice of chef's creation of the day	3.50
French Fries w/sea salt & black pepper GF V V	3
Cauliflower Fries w/sea salt & black pepper GF V V	3.50
Tofu Fries w/sea salt & black pepper GF V V	3.50

SALADS & WRAPS

Local Mixed Greens & Soup Combo ♥ V	6.50
Local Mixed Greens ♥ V GF V V w/ house dressing	3.50
Island Vegetable Wrap ♥ V V	4.50
Sweet potato hummus, pickled carrots, grilled eggplant, mushrooms, onion and zucchini in a flour tortilla	
Egg Salad Wrap w/ pickled vegetables ♥ V V	4.50
Egg Salad Wrap w/ bacon ♥	4.50
Chilled Somen Salad ♥ V V	4.50
Somen noodles, kamaboko, pickled daikon, negi (green onions) and tamago (egg), w/ soy-ginger dressing	

DESSERTS & SNACKS

Brownie or Pineapple Scone or Choc. Chip Cookie	2.50
Coffee Jello w/ Condensed Milk	2.50
Chocolate or Vanilla Tapioca Pudding V GF	2.50
Strawberry Jello V GF	2.50
Apple or Orange ♥ V V GF V	1.50

BEVERAGES

Fountain Drink (Pepsi products, 20 oz. cup + 1 refill)	2
Featured Native Tea	2
Infused Water ♥ V V GF V	1.50
Canned Drink	1.50
Bottled Water ♥ V V GF V 20 oz.	1.75

V Vegetarian GF Gluten Free V Vegan

♥ Heart Healthy V Blue Zones Project® Inspired We are a Blue Zones Project Approved™ Restaurant

CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS, ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS.

