

JANINE TALTY, D.O., M.P.H.

2702 Brambleton Avenue
Roanoke, Virginia 24015
(540) 685-2670



EDUCATION:

Undergraduate

San Jose State University
San Jose, California
Degree: Bachelor of Science, Sports Medicine
Year Graduated: 1985

Masters Degree

**University of Illinois,
School of Public Health**
Degree: Master of Public Health
Year Graduated: 1987

Medical School

**University of Osteopathic Medicine
& Health Sciences (Des Moines University)**
Des Moines, Iowa
Degree: Doctor of Osteopathic Medicine
Year Graduated: 1992

Internship

Lansing General Hospital
Lansing, Michigan
1992 – 1993

Residency

**Michigan State University
College of Osteopathic Medicine**
East Lansing, Michigan
Family Medicine
1993 - 1996

Fellowship

**Michigan State University
College of Osteopathic Medicine**
East Lansing, Michigan
Biomechanics/Osteopathic Manipulative Medicine
1993 -1996

CURRENT:

Private Practice

Janine Talty, D.O., Inc.

Orthopedic Medicine/ Clinical Biomechanics, Spine, Sports Medicine, Prolotherapy Alternative and Complimentary Medicine, Bio-Identical Hormone Balancing, Diagnosis and Treatment of Lyme Disease, Mold Biotoxin Disease, Medical Wight Loss
Roanoke, Virginia
July 2015-Present

Past Professional Practice:

Private Practice

Janine Talty, D.O., Inc.

Orthopedic Medicine/ Clinical Biomechanics, Osteopathic Manual Medicine, Spine, Sports Medicine, Prolotherapy Alternative and Complimentary Medicine, Bio-Identical Hormone Balancing, Diagnosis and Treatment of Lyme Disease, Medical Wight Loss, TMJ-D Evaluation and Treatment
Roanoke, Virginia
November 2012/July 2015

Group Practice

Primary Care Associates

Orthopedic Medicine/ Clinical Biomechanics, Osteopathic Manual Medicine, Spine, Sports Medicine, Prolotherapy Alternative and Complimentary Medicine, Bio-Identical Hormone Balancing, Diagnosis and Treatment of Lyme Disease, Medical Wight Loss
Roanoke, Virginia
February 2011/November 2012

Private Practice

Wellness & Rehabilitation Center Medical Director

Orthopedic Medicine/ Clinical Biomechanics, Spine, Sports Medicine, Pain Management, Prolotherapy Alternative and Complimentary Medicine, Bio-Identical Hormone Replacement, Diagnosis and Treatment of Lyme Disease, Surgical First Assist with Spine and Orthopedic Surgical Procedures, in office Caudal Epidural Blocks, Medical Weight Loss, Exercise prescription
Watsonville, California 95076
August 1996 – October 2010

County of Santa Cruz Health Services Agency

Family Medicine, Women's Health, Clinical Biomechanics, Orthopedic Medicine, Sports Medicine, Spine, Pain Management
August 1996 – August 1999

Spinal Diagnostics & Treatment Center

Orthopedic Medicine/Clinical Biomechanics, Prolotherapy, Caudal Epidural Blocks, Flouroscopically guided joint injections
901 Campus Drive, Suite 310
Daly City, California 94015
September 1999 – December 2004

CERTIFICATIONS AND MEDICAL LICENSURE:

- American Osteopathic Board of Family Physicians, 1997-present
- State of California Medical License 20A6830
- Commonwealth of Virginia Medical License 0102202736

HOSPITAL PRIVILEGES:

Watsonville Hospital
75 Nielson
Watsonville, CA 95076
1998 – 10/2010

Dominican Hospital
1555 Soquel Avenue
Santa Cruz, CA 95065
5/2007 – 10/2010

Lewis Gale Community Hospital
Staff Physician
February 2011 - Present

HOSPITAL APPOINTMENTS:

Watsonville Community Hospital
Vice-Chief of the Department of Family Practice
July 2002 – June 2003

Watsonville Community Hospital
Chief of the Department of Family Practice
July 2003 – June 2004

Watsonville Community Hospital
Chair of Physician Wellness Committee
July 2005 – October 2010

PROFESSIONAL MEMBERSHIPS:

- American Osteopathic Association
- American College of Osteopathic Family Physicians
- American Association of Orthopedic Medicine
- International Spinal Injection Society
- American Society of Interventional Pain Physicians

CERTIFICATIONS IN MANUAL MEDICINE:

Principles of Manual Medicine

Michigan State University
College of Osteopathic Medicine
East Lansing, Michigan

Muscle Energy Technique I

Michigan State University
College of Osteopathic Medicine
East Lansing, Michigan

Muscle Energy Technique II

Michigan State University
College of Osteopathic Medicine
East Lansing, Michigan

Exercise Prescription as an Adjunct to Manual Medicine

Michigan State University
College of Osteopathic Medicine
East Lansing, Michigan

Manual Medicine related to Sports & Occupational Injuries to the Extremities

Michigan State University
College of Osteopathic Medicine
East Lansing, Michigan

Myofascial Release I

Michigan State University
College of Osteopathic Medicine
East Lansing, Michigan

Myofascial Release II

Michigan State University
College of Osteopathic Medicine
East Lansing, Michigan

Manual Medicine Technique Above the Diaphragm

Michigan State University
College of Osteopathic Medicine
East Lansing, Michigan

Manual Medicine Technique Below the Diaphragm

Michigan State University
College of Osteopathic Medicine
East Lansing, Michigan

Strain – Counter Strain Technique

Michigan State University
College of Osteopathic Medicine
East Lansing, Michigan

Functional Indirect Technique I

Michigan State University
College of Osteopathic Medicine
East Lansing, Michigan

Craniosacral Technique I

Michigan State University
College of Osteopathic Medicine
East Lansing, Michigan

Craniosacral Technique II

Michigan State University
College of Osteopathic Medicine
East Lansing, Michigan

Direct Action Thrust: Mobilization with Impulse

Michigan State University
College of Osteopathic Medicine
East Lansing, Michigan

Mechanical Link: Spine and Thorax Lines of force

Upledger Institute

Pilates Rehabilitation Instructor

Polstar Pilates

UNIVERSITY APPOINTMENTS:

Michigan State University

College of Osteopathic Medicine

Clinical Assistant Professor in the Department of Osteopathic Manipulative Medicine

October 2001 – Present

Touro University College of

Osteopathic Medicine – California

Adjunct Assistant Professor Family Medicine and PM&R

March 2010 – March 2012

BOARD OF DIRECTORS MEMBERSHIPS:

American Association of Orthopedic Medicine

April 2014 – Present

American Association of Orthopedic Medicine

March 2001 – March 2003

Human Development Incorporated

January 2000 – January 2006

ORIGINAL RESEARCH

Talty, J.M. Common Compensatory Pattern As It Relates To The Presentation Of The Fetal Head Position At Delivery – A Pilot Study. 1996 Unpublished.

Talty, J.M., Derby, R. Intradiscal Radiofrequency Heating for Cervical Discogenic Pain A Pilot Study 2001

PUBLICATIONS

Indigo Awakening; A Doctor's Memoir for Forging an Authentic Life in a Turbulent World

June 1, 2009. Elite Books, Santa Rosa, California

~ Winner of the **ReaderViews Literary Awards** First Place 2009 in the Category of Mind/Body/Spirit.

~ **Perceptive Marketing Book Award** for the Best Nonfiction Book of the Year 2009.

Goddess Shift; Women Leading for a Change. May 1, 2010. Contributor. Elite Books, Santa Rosa, California

RADIO TALK SHOW APPEARANCES/LECTURES & BOOK SIGNINGS

Full Power Living with Ilene Dillon, June 4th, 2009 discussing Book *Indigo Awakening: A Doctor's Memoir of Forging an Authentic Life in a Turbulent World.*

Life's Balance Radio with Shaman Melodie McBride. June 22ed, 2009 discussing Book; *Indigo Awakening: A Doctor's Memoir of Forging an Authentic Life in a Turbulent World.*

Gateways Book Store, Santa Cruz California July 8, 2009 Lecture/Book Signing discussing Book; *Indigo Awakening; Why are we here?*

Donna Seebo Show, BBSradio.com with Donna Seebo July 10, 2009 discussing *Book; Indigo Awakening: A Doctor's Memoir of Forging an Authentic Life in a Turbulent World.*

Voices of Change, EvolutionRevolutionRadio.com with Dulcinea. July 25th, 2009 discussing

Book; *Indigo Awakening: A Doctor's Memoir of Forging an Authentic life in a Turbulent World*.

CBS Psychic Radio Network, Inner Views with Kimmie Rose Zapf. July 28th, 2009 discussing *Book; Indigo Awakening: A Doctor's Memoir of Forging an Authentic*

Awakening to Conscious Co-Creation, with Peter Tongue. August 12th, 2009 discussing *Book; Indigo Awakening: A Doctor's Memoir of Forging an Authentic Life in a Turbulent World*.

11:11 Talk Radio, 7th Wave Network, with Simeran Singh. August 13, 2009 discussing *Book; Indigo Awakening: A Doctor's Memoir of Forging an Authentic Life in a Turbulent World*.

Watsonville Community Hospital, Watsonville California. September 23 **lecture/ Book Book Signing**; *Indigo Awakening. Why Are We Here?*

On Line With Andrea, Blog Talk Radio, with Andrea Garrison. October 8th, 2009 discussing *Book; Indigo Awakening: A Doctor's Memoir of Forging an Authentic Life in a Turbulent World*.

Blog Talk Radio, Living with Indigo Energy with Lisa Bellini. October 30th, 2009 discussing *Book; Indigo Awakening: A Doctor's Memoir of forging an Authentic Life in a Turbulent World*.

Lanto's Lantern, contacttalkradio, Suzanna Axisa Lighthouse Intuition with Suzanna. October 30th, 2009 discussing *Book; Indigo Awakening: A Doctor's Memoir of Forging an Authentic Life in a Turbulent Word*.

Lanto's Lanter, contacttalkradio, Suzanna Axisa Lighthouse Intuition with Suzanna. December 16th, 2009 discussing *The Return of Atlantian Healing Technologies*.

All We Are Radio Show with Maggie and Don Anderson. January 16th, 2010 Discussing *Indigo Adults and Living with expanded awareness*.

Conscious Healing, QqantumPathic Center of Consciousness with Sherry Anshara. February 24th, 2010 Discussing *Energy Medicine and Quantum Healing*.

Children of the Now with ReGina Norlinde. April 1, 2010, Discussing *book; Indigo Awakening: A Doctor's Memoir of Forging an Authentic Life in a Turbulent World*.

Embrace Your Uniqueness with ReGina Norlinde. April 2, 2010, Discussing *book: Indigo Awakening: A Doctor's Memoir of Forging an Authentic Life in a Turbulent World*.

SYMPOSIA & CLINICAL EDUCATION WORKSHOPS

Lumbar Internal Disc Disruption: Diagnosis and Treatment

Bone and Joint Conference
Dominican Hospital
Santa Cruz, California
October 8, 1997

Manipulation of the Lumbosacral Spine

The Spine in Health and Disease Workshop
American Academy of Orthopedic Medicine
Las Vegas, Nevada
February 18 – 20, 1999

Chronic Low Back Pain: VAX-D Therapy

Grand Rounds
Watsonville Community Hospital
Watsonville, California
September 13, 1999

Common Compensatory Pattern & Muscle Imbalance: Are they One In The Same?

American Osteopathic Association Annual Meeting
Moscone Center
San Francisco, California
October 25 – 27, 1999

Osteopathy, Yesterday and Today

Evaluation of the Lumbosacral Spine and Hip

Evaluation of the Neck, Mid-Back and Shoulder

New approach to Neck Pain and Cervical Disc Disease

American Association of Orthopedic Medicine
Spinal Diagnostics & Treatment Center
Daly City, California
February 23-25, 2001

Advances in the Treatment of Chronic Neck Disorders

Innovations in Neck and Upper Back Treatment

18th Annual Conference
American Association of Orthopedic Medicine
Evaluation and Treatment of Upper Body Pain Dysfunction
Memphis Tennessee
April 25-28, 2001

Soft Tissue Injuries of the Spine: New Concepts in Diagnosis and Treatment

Moderator: Conservative Care
San Francisco, California
July 18-19, 2003

Cervical Rehabilitation & Fitness - Workshop

20th Annual Conference and Scientific Seminar
A Common Sense Approach to “Hidden” Pain Generators
Orlando, Florida
April 30-May3, 2003

The Dirty ½ Dozen Lecture / Workshop

American Association of Orthopedic Medicine
Palm Springs, CA
April 22 – 24, 2009

Indigo Children and Adults

Spiritually Oriented Business People
Monterey, CA
May 1st, 2009

Indigo Awakening; Lecture & Book Signing

Gateways Book Store
Santa Cruz, CA
July 8th, 2009

Essentials of the Orthopedic Examination: Back, Pelvis & Lower Extremities

American Association of Orthopedic Medicine Orthopedic Medicine and
Restorative Injection Therapy for the Back, Pelvis and Lower Extremities
Denver, Colorado
August 6th, 2010; Lecture
August 7th, 2010; All-day Workshop Instructor

Satisfying the Chronic Pain and Problem Patient: Alternative Therapies

Primary Care Associates Annual Fall Conference
Roanoke, Virginia
November 6, 2010 Lecture

Orthopedic Medicine-Restorative Injection Therapies for the Neck, Back and Upper Extremities Diagnostic Dilemmas of the Cervical, Thoracic and Shoulder Regions

American Association of Orthopedic Medicine
Denver, Colorado
August 5, 2011 Lecture
August 6, 2011 All-Day Workshop Instructor

Orthopedic Medicine and Restorative Injection Therapy for the Back, Pelvis and Lower Extremities

American Association of Orthopedic Medicine
Denver, Colorado
August 4, 2012 All-Day Workshop Instructor
Manual Medicine Evaluation and Treatment

American Association of Orthopedic Medicine 31st Annual Conference and Scientific Seminar "Sports, Spine & Beyond – Latest Advances in Regenerative Orthopedic Medicine

American Association of Orthopedic Medicine
Clearwater, Florida
April 10, 2014 Lecture: Lyme Diseases the Modern Masquerader

Orthopedic Medicine Restorative Injection Therapies for the Neck, Thoracic Spine and Upper Extremities

American Association of Orthopedic Medicine
Denver, Colorado
August 10, 2014 All Day Workshop Instructor Manual Medicine Evaluation and Treatment

Regenerative Orthopedic Medicine – Why it Works – How it Works – When it Works "Treatment of the Lumbo-Sacral Spine and Lower Extremities"

American Association of Orthopedic Medicine
Denver, Colorado
August 8, and 9, 2014 Moderator and All Day Workshop Instructor
Evaluation of Low Back, Pelvis, Hips & Lower Extremities

Lyme Disease: The Modern Masquerader

Lyme Disease Support Group
Floyd, Virginia
September 11, 2014

Lyme Disease: The Modern Masquerader

Lyme Disease Co-Infections

Key Note Speaker

Tick Talks Lyme Disease Symposium
Floyd, Virginia
May 19, 2015

Lyme Disease: The Modern Masquerader

Community Lecture
Blacksburg, Virginia
July 24, 2015

Lyme Disease: The Modern Masquerader

Buena Vista Lyme Support Group
Buena Vista, Virginia
September 13, 2015