



2017 Moving For Life Certified Instructor (MFLCI) Training Program Application to become a Moving For Life Cancer Exercise Specialist

APPLICATION DEADLINE: APRIL 22, 2017

Return to: info@movingforlife.org or
Moving For Life, 515 Canal St., Unit 1C, New York, NY 10013

Note: If qualified, you will receive a letter of acceptance with a
tuition contract. A maximum of 18 students will be accepted.

1. Today's Date:

2. Contact Information:

First Name:

Last Name:

Address:

City:

State:

Zip:

Phone(s):

Email:

3. What motivates you to be involved with the Moving For Life program? Please list two or three reasons you would like to pursue a MFLCI certification.

4. Do you have a background in health, fitness, or movement?

Please list:

a. Certifications

b. Courses or Teacher Names

5. What experience do you have with cancer, movement limitations or chronic illness?

6. Do you have prior experience teaching or leading groups?

a. If so, please describe (students, content, context)

b. Describe any movement experience

7. **Is there anyone who you can practice teaching MFL with in your local region?**
 - a. Are there other potential teachers to create a cohort group to practice and team up with?
 - b. What amount of study have you done with Martha Eddy, Director, or an MFL Certified Instructor?

8. **Do you have ideas about what facilities within your community would be good sites for MFL once you are an MFICI?**

9. **What resources do you have or do you expect to need to support you in getting classes started in your community?**

10. **Have you already studied or can you find local courses in any of the following:**
(fill in name of teacher or school and number of hours for all that apply):

Anatomy:

Bartenieff Fundamentals of Body Movement / Movement Efficiency & Expression:

Body-Mind Centering / Embodied Anatomy & Physiology:

Laban Movement Analysis /Movement Observation:

Developmental Movement:

Other somatic movement training:

Other relevant studies: (List location, date, instructor's name, number of hours)

11. **Please add anything else you would like to share (attach resume, etc).**